

Privacy Policy

Last updated: [21/11/2025]

Your privacy is important. This Privacy Policy explains what information I collect through the booking system, how it's used, and how it's kept safe.

1. Information Collected

When you make a booking, I collect the following information:

- **Name**
- **Address**
- **Phone number**
- **Email address**

2. How Your Information Is Used

Your details are used only for purposes related to your booking, including:

- Managing and confirming your booking
- Contacting you about your session
- Providing important updates or information
- Keeping records for administrative and legal reasons

I do **not** sell, share, or pass your information to third parties for marketing purposes.

3. How Your Information Is Stored

Your information is stored securely within the booking system I use. I take reasonable steps to protect your data from loss, misuse, or unauthorised access.

4. How Long Your Information Is Kept

Your personal details are kept only for as long as necessary to manage bookings and maintain required records. After this, information may be securely deleted.

5. Your Rights

You have the right to:

- Request a copy of the information I hold about you

- Ask for your information to be updated or corrected
- Request deletion of your information (where legally allowed)

To make any of these requests, simply contact me using the details provided on my website or booking page.

6. Updates to This Policy

This Privacy Policy may be updated from time to time. Any changes will be posted here, and continued use of the booking system means you accept the updated version.