

## **Terms and Conditions**

Your privacy is very important to Nurtured Birth & Baby. This privacy policy has been created to answer any questions you might have about how we deal with your data. If you have any further questions please email us at [hello@nurturedbirthandbaby.uk](mailto:hello@nurturedbirthandbaby.uk).

The information on this form is taken for the following purposes:

- Insurance requirements;
- Tailoring content to your situation;
- Communicating with you out of sessions.

Your information will be held safely, confidentially and will not be shared with anyone else. Once the information is no longer needed it will be removed from our files. We are required to allow you to view your information at anytime and you may contact us to do so.

By agreeing to our Privacy Policy, you are agreeing that:

- Nurtured Birth & Baby can hold your details;
- Nurtured Birth & Baby can contact you by phone/email/post;
- Nurtured Birth & Baby can use your feedback on social media/website.

Our practices and procedures are intended to ensure that the information you submit remains private and is only used for the purposes set out in this policy. Please be assured that we will not sell or share any information about you with any third parties unless we are required to do so by law. All information is processed and stored through GDPR-compliant methods.

We use traffic log cookies to identify which pages are being used. This helps us analyse data about web page traffic and improve our website in order to tailor it to customer needs. We only use this information for statistical analysis purposes and then the data is removed from the system.

You can choose to accept or decline cookies. Most web browsers automatically accept cookies, but you can usually modify your browser setting to decline cookies if you prefer. This may prevent you from taking full advantage of the website.

It is your responsibility to ensure that your data is up to date so please contact us at any time to update your records.

If you do not agree with the details set out in this policy, please do not submit your data to Nurtured Birth & Baby.

If you have previously agreed to us using your personal information for direct marketing purposes, or for use of products or services, and you would like us to remove your data please email me us at [hello@nurturedbirthandbaby.uk](mailto:hello@nurturedbirthandbaby.uk) and we will remove/delete your data within 30 days.