

**Privacy Policy
Mission BodyFit**

At Mission BodyFit, we respect your privacy and are committed to protecting your personal data. This policy explains how we collect, use, and protect your information when you use our services.

1. Information We Collect

When you book a class, contact us, or participate in our services, we may collect the following information:

- Name**
- Phone number**
- Email address**
- Emergency contact information**
- Basic health or fitness information relevant to training**
- Payment and booking information**

This information is collected only when necessary to provide our services safely and efficiently.

2. How We Use Your Information

We use your information to:

- Manage class bookings and appointments**
- Communicate with you about your sessions**
- Provide safe and effective fitness training**
- Improve our services**

Send updates about classes, promotions, or events (you can opt out at any time)

3. Data Protection

We take reasonable steps to protect your personal information and keep it secure. Your data is stored securely and accessed only by authorised staff.

We do not sell, rent, or share your personal information with third parties for marketing purposes.

4. Third-Party Services

We may use secure third-party systems for:

- Booking management**
- Payment processing**
- Communication services**

These providers are responsible for protecting your data in accordance with applicable privacy laws.

5. Your Rights

You have the right to:

- Request access to your personal data**
- Request correction of inaccurate information**
- Request deletion of your data where applicable**
- To make a request, please contact us directly.**

6. Children's Privacy

Children attending the facility must always be supervised by a parent or guardian. Any information collected about children will only be used for safety and participation purposes.


7. Changes to This Policy

Mission BodyFit may update this Privacy Policy from time to time to reflect changes in our services or legal requirements.

8. Contact

If you have any questions about this Privacy Policy or your personal data, please contact us directly.

www.missionbodyfit.com

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