

Privacy Policy

As a Baby Mindful coach I am committed to protecting your privacy.

My privacy policy explains why I collect your personal information and how I use it.
I may change this policy so please check with me occasionally to ensure you're happy with any changes.

Who am I?

As a Baby Mindful coach I can run Baby Mindful classes. My classes follow the Baby Mindful research based 7 step system, that helps parents and baby to be calm and content, with confidence.

How do I collect information from you?

I obtain information from you when you book on to my Baby Mindful class. I receive this information when you book online, email or verbally.

What type of information is collected from you?

The personal information I collect includes, your name, your child's name, address, email address, contact phone number.

I do not store credit card details, any payments are taken through PayPal's secure online payment system, bank BACs system or by cash paid directly to me.

If you interact with me through social media I may receive information about you when you choose to post or otherwise share information about yourself. You can control this by adjusting your privacy settings on your social media account. When using these sites you are bound by their privacy agreements.

When using the Baby Mindful website (www.babymindful.com) you are bound to their privacy policy.

What do I do with your information?

I require this information to carry out my classes. Below is a list of how I might use your information:

- For internal record keeping;

- I may use your information to improve my services;

- If you order products from me, I may use your information to post products to you;

- Periodically, I may send you promotional information about my new services; only if you have consented for me to do so.

Who has access to your information?

Only myself and Baby Mindful (Relax Kids) head office have access to your information. I will not sell or rent your information to third parties. I will not share your information with third parties for marketing purposes.

How can you access and update your information?

Ensuring your information is up to date is very important. If any of the information you give to me changes or becomes out of date you will need to contact me and let me know.

Under the Data Protection Act 1998 you have the right to access any information I hold about you. Please contact me if you wish to receive information on the data that I hold for you and your child.

If you unsubscribe or opt out of any of my emails you will no longer receive emails from me and will be taken off my email list.

What security precautions are in place to protect your information?

When you give me your personal information I ensure it is treated securely.

Any personal information given out is locked away in a secure cabinet, stored on the Relax Kids secure server or stored on a secure computer.